



GuideStar Eldercare
Embracing Our Past. Building The Future.®



WE SUPPORT YOU WITH **CMS Compliance**



Changes in long-term care surveyor guidance effective March 24, 2025 challenge long-term care facilities to implement stronger controls around the use of psychotropic medications. Is your facility ready?

The GuideStar Eldercare team can help you:

Ensure alignment with current standards of practice. GuideStar's advanced clinical protocols are built not only to meet CMS regulations, but to exceed them. We can help you achieve the highest level of resident safety and clinical outcomes—supporting your compliance.

Develop clear and specific documentation that exceeds CMS standards. All notes are available within 2-3 business days of a clinical visit.

Ensure accuracy of assessments. A GuideStar Nurse Practitioner and Behavioral Health clinicians (psychologists, LCSWs, and Master Clinical Counselors) are trained and certified to provide high level mood and cognition assessments that exceed the quarterly BIMS and PHQ9. These are thoroughly documented in clinical notes and administered at a defined frequency.

Resolve neurobehavioral crises. With 24/7 on-call and emergency support, we can help your staff identify the best solution for your resident's needs.

Diagnose and treat root causes of behavioral concerns. The GuideStar evidence-based clinical approach treats illnesses at their neurological level, not simply by responding to symptoms and behaviors. Our proactive clinical care model supported by an interdisciplinary team can pick up on changes and declines before they turn into crises.

Ensure the least restrictive medication. GuideStar clinicians always use the least restrictive medication possible. Documentation includes recommendations to monitor for side effects and behaviors.

Implement and document Gradual Dose Reduction (GDR). GuideStar Nurse Practitioners are scheduled to participate in your GDR meetings, helping to define each resident's need and clinical indication or contraindication for dose reduction. Their documentation will always state in clear terms why the reduction attempt is or isn't indicated at the time.

Streamline the survey process. GuideStar's clinical notes are thoroughly organized and retrievable so that all necessary documentation is readily available for surveyor review.

Through the GuideStar care model, facilities have seen a vast reduction in the severity and frequency of behavioral symptoms. In turn, this can help reduce the need for transfers and ED visits. We keep your residents happy, healthy, and at home in your facility.

How can we help you? Get in touch!

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